

## Instructional Methods

Each Resident is required to complete the following hours in no less than 12 months and no more than 18 months.

*The following table represents the current curriculum and the anticipated hours to fulfill each component.*

Curriculum Component	Credit Hours (Con Edu) 12 months
<i>Clinical Practice</i>	1300
<i>Clinical Mentoring</i>	156
<i>Sports Specialist Training</i>	468
<i>Clinical Investigations</i>	110
<i>Clinical-Decision Making</i>	104
<i>Didactic Coursework</i>	84
<i>Specialty Practice Observation</i>	208

## Hours/Instructional Method

*The following table summarizes the number of hours dedicated to each instructional method to achieve performance outcomes during the one year Sports Resident.*

Curriculum Component	Average number of hours per proposed year
<i>Clinical Practice</i>	<b>1300 hours</b>
Clinical Practice I	25 hours/week (13 weeks) = 325
Clinical Practice II	25 hours/week (13 weeks) = 325
Clinical Practice III	25 hours/week (26 weeks) = 650
<i>Clinical Mentoring</i>	<b>156 hours</b>
Clinical Mentoring I	3 hours/week (5 weeks) x 4 quarters = 60
Clinical Mentoring II	3 hours/week (4 weeks) x 4 quarters = 48
Clinical Mentoring III	3 hours/week (4 weeks) x 4 quarters = 48
<i>Sports Specialist Training</i>	<b>468</b>
Sports Specialist Training I	117
Sports Specialist Training II	234
Sports Specialist Training III	117
<i>Clinical Investigations</i>	<b>110</b>
<i>Clinical-Decision Making</i>	<b>104</b>
<i>Didactic Coursework</i>	<b>84</b>
<i>Specialty Practice Observation</i>	<b>208</b>
<b>TOTAL AVERAGE HOURS</b>	<b>2,334 Hours</b>